

HANDCRAFTED PIZZAS 12"

Red Sauce, White Sauce, or Pesto \$12

TOPS

Peppers, Mushrooms, Onions Tomatoes, Jalapeño, or other Seasonal Veggies, Goat Cheese, Mozzarella, Italian Sausage, Pepperoni <u>Also featuring</u>: **Beyond Meat,** pea protein that taste just like meat

Breads and Pizza crusts are made with heritage grains and natural yeast for better digestion

SANDWICHES

| Classic Burger Beef (or Buff when available) | \$9 |
|--|-----|
| Grilled Cheese & Tomato | \$6 |
| Special of the Day | |

SEASONAL SALADS (MORE OPTIONS LATER)

| Mixed Greens | \$3 |
|-------------------------------------|-----|
| Balsamic Vinaigrette House Dressing | |

DRINKS \$2

Tea, Coffee, Sparkling Lemon Aid, and ...

A rich, no buzz barley/coffee drink}: Cafix, Roma, Vanilla Nut or French Roast Teeccino

These rich, full bodied barley, chicory, herbal coffee drinks have no caffeine or acid. Independent lab tests cannot detect gluten in brewed Teeccino

SIDES \$3 COMING SOON

Pickled Beets or other Veggies Roasted Potatoes Roasted Beets, Carrots and Garlic Other Roasted Vegetables

JUICE BAR COMING SOON

Kale or Spinach, Apple, Almond Milk, Coconut Oil Spirulina, Banana, Apple Juice Wheatgrass, Apple Juice

SWEETS (GF & MADE WITH XYLITOL) COOKIE OR SWEET BREADS DUJOUR

Xylitol has negligible effects on blood sugar and insulin. None of the harmful effects of normal sugars apply to xylitol. The glycemic index (measures how quickly foods raise blood sugar) is 7, compared to sucrose (table sugar), which is 65 and Xylitol has 40% fewer calories than sugar.

ONE Table is a project of District ONE, a nonprofit 501 (c) 3 building the physical and economic health of Huerfano County

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